



Tobacco cessation drugs covered at no cost to members

Good news for those looking to kick the habit. **Beginning in 2015**, UnitedHealthcare members will have certain tobacco cessation drugs covered at no cost. These drugs may help people quit smoking or stop using tobacco.

What tobacco cessation drugs are covered at no cost?

Here are the prescription drugs and over-the-counter (OTC) drugs covered at no cost.

Over-the-counter Medications <i>Require Prior Authorization</i>	• Nicotine Replacement Gum
	• Nicotine Replacement Lozenge
	• Nicotine Replacement Patch
Prescriptions <i>Require Prior Authorization</i>	• Bupropion sustained-release (generic Zyban) Tablet
	• Nicotrol Inhaler
	• Nicotrol Nasal Spray
	• Chantix Tablet
These three prescription medications are covered with Prior Authorization after members have tried: <ol style="list-style-type: none"> 1) One over-the-counter nicotine product and 2) Bupropion sustained-release (generic Zyban) separately 	

Up to two 90-day treatment courses are covered at no cost each year. Prior authorization is required for each 90-day drug supply.

Who can get the tobacco cessation drugs?

These drugs are covered for those who:

- Are 18 years of age or older
- Have a doctor that has obtained prior authorization for the drugs. This means the doctor will let us know the member is also getting counseling to help them stop using tobacco products.
- Get a prescription for these products, even if they are sold over-the-counter
- Fill the prescription at a network pharmacy

How does prior authorization work?

Doctors or health care professionals request prior authorization by calling, faxing or logging in to optumrx.com. They let us know if the member meets the requirements to receive the drug. We'll send the member and doctor a letter to let them know if the member qualifies to get the drug at no cost.

- If approved, members may fill the prescription at a network pharmacy at no cost.
- If the request is not approved, members can still get the drug, but they may have to pay the full cost of the prescription.
- Members currently taking one of these tobacco cessation drugs must ask their doctor to submit a prior authorization or their next refill may be delayed.

What else do members need to know?

- Nicotrol[®] and Chantix[®] are covered at no cost when the criteria are met and after trying a course of OTC nicotine replacement therapy and a course of bupropion.
- Screening for tobacco use is covered at no cost during a standard wellness exam.
- These drugs do not count toward a member's pharmacy plan deductible.
- Members are encouraged to call the number on their health plan ID card to confirm when the tobacco cessation benefit is available to them.

For more information

Visit the member website myuhc.com[®] to find resources and information to help manage your health and save money.

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The content provided is for informational purposes only and does not constitute medical advice. Decisions about medical care should be made by the doctor and patient. Always refer to the plan documents for specific benefit coverage and limitations or call the toll-free member phone number on the health plan ID card.

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